

MRUN NEWSLETTER

September Recap!

October 7th, 2024



We've had a very busy month! From meets, to social events, to community service, we have been having lots of fun.

MEETS!

Auto Owners Spartan Invitational

On September 13th, we traveled to East Lansing to compete at the Auto Owners Spartan Invitational. Both men's and women's teams performed well in a deep field of varsity collegiate teams.

Athletes of the meet:

- Matt DeMeulenaer
- Analiese Shact



Little Tens

On September 28th, we hosted our home cross country meet at Willow Metropark. The men took first place, scoring only 17 points, and the women took second place in a tight race with OSU. We also loved hosting an open 5k and seeing some Mrun alumni, friends and family, and community members.

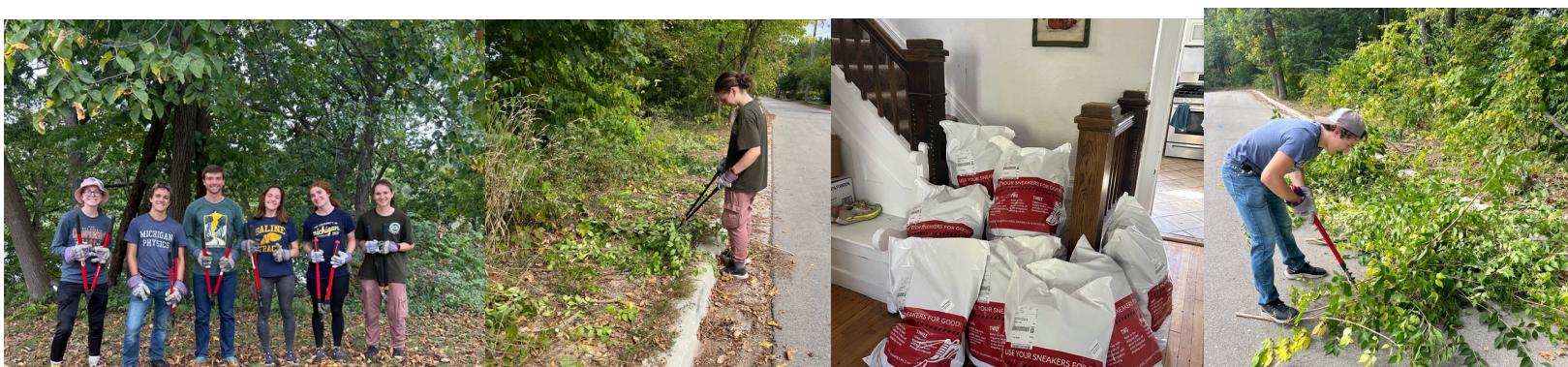
Athletes of the meet:

- Rachel Mecca
- Ben Clason



Community Service

This September, Mrun gave back to the community with a Sneakers4Good Shoe drive, and a Natural Area Preservation (NAP) day!



Social Events!

September was packed with fun social events for Mrunners! We had a welcome week cookout, ice cream social, pre-meet pasta party, and we painted the rock!



Thanks for reading! See you next month!

STAY IN TOUCH!



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