

MAR 03, 2024

MRUN NEWSLETTER

FEBRUARY RECAP + MARCH LOOK OUT



A decade of impact,
driven by you ♥

GIVING BLUEDAY 03.13
2024

GIVE TO SHAPE THE NEXT 10

#givingblueday

BIG STUFF COMING UP!

Giving Blueday and RAM in one month? It's too good to be true!

IMPORTANT DATES:

GIVING BLUEDAY 03/13

RAM 03/23

CEDARVILLE OUTDOOR OPEN 03/30 (CEDARVILLE, OH)

NIRCA TRACK NATIONALS 04/06 - 4/07 (RICHMOND, VA)

FOLLOW US ON SOCIALS!



@michiganrunningclub



@MRun

I do not have use the MRun Facebook



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GIVING BLUEDAY 03.13 2024

It's almost Giving Blueday! Our biggest fundraiser of the year is on **Wednesday, March 13th** and it is going to be great! Giving Blueday is **24 hours of giving** to various funds at the university, with lots of exciting matches and challenges to maximize donor impact. MRUN is the **biggest** and **most affordable** club sport on campus, and one of the most notorious collegiate running clubs in the nation. To students of all backgrounds, our club is a home. Your donations are what makes competitive running **accessible** to students, **subsidizing** operational costs like league fees, travel expenses, uniforms, and equipment.

Our goal this year is to raise **\$8,500**, and we would greatly appreciate any amount you are willing to give to help keep us running!

The link to our page is: <https://givingblueday.org/o/university-of-michigan/i/giving-blueday-2024/s/michigan-running-club> or you can scan the **QR code** below! Stay tuned for the email I will send out next week with more information on donor challenges that you can choose to compete in, so **stay tuned!**

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ILLINOIS CLUB RELAYS

THE BEST WAY TO START OUT SPRING BREAK!

SPRINTS

Athletes of the meet: **Will Barhite** set new club records in the 60 m dash and 60 m hurdles! **Ava Rawley** had an amazing leg in the SMR and brought enthusiasm for days!



DISTANCE

Athletes of the meet: **Henry Christiansen** crushed both his mile and 3k, beating runners' times from higher heats in the 3k! **Abby Fox** beat her 3k PR and broke 12 minutes!



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RACE ACROSS MICHIGAN

JUST IN CASE YOU DIDN'T CATCH IT LAST MONTH

We are excited to introduce a huge event that MRun holds annually called Race Across Michigan! RAM is a fundraiser for **Special Olympics Area 20**, and MRunners work throughout the school year to collect money for this special cause, while also attending Special Olympics practices to help out and get to know the athletes.

On **March 23rd, 70 MRunners** will participate in a **24-hour, 190 mile relay across the state of Michigan** to show their support of the Special Olympics. The race begins in **Detroit**, and ends on the beach of **South Haven**. It's a unique experience that MRunners look forward to all year.

If you want to help support the Special Olympics, scan the **QR code attached** or go to **give.classy.org/ram24**! Any donation will be greatly appreciated. We are super excited for RAM this year, and stay tuned to hear more about this amazing event!

UPDATE: WE ARE OVER HALFWAY TO OUR GOAL OF \$20,000! THANK YOU SO MUCH AND REMEMBER THAT EVERY DOLLAR COUNTS!



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