### **MRUN NEWSLETTER**

FEBRUARY RECAP + MARCH LOOK OUT



#### **BIG STUFF COMING UP!**

Giving Blueday and RAM in one month? It's too good to be true!

**IMPORTANT DATES:** 

GIVING BLUEDAY 03/13

RAM 03/23

CEDARVILLE OUTDOOR OPEN 03/30 (CEDARVILLE, OH)

NIRCA TRACK NATIONALS 04/06 - 4/07 (RICHMOND, VA)

#### **FOLLOW US ON SOCIALS!**



@michiganrunningclub



I do not have use the MRun Facebook



# GIVING BLUEDAY 03.13 2024

It's almost Giving Blueday! Our biggest fundraiser of the year is on Wednesday, March 13th and it is going to be great! Giving Blueday is 24 hours of giving to various funds at the university, with lots of exciting matches and challenges to maximize donor impact. MRun is the biggest and most affordable club sport on campus, and one of the most notorious collegiate running clubs in the nation. To students of all backgrounds, our club is a home. Your donations are what makes competitive running accessible to students, subsidizing operational costs like league fees, travel expenses, uniforms, and equipment.

Our goal this year is to raise **\$8,500**, and we would greatly appreciate any amount you are willing to give to help keep us running!

The link to our page is: https://givingblueday.org/o/university-of-michigan/i/giving-blueday-2024/s/michigan-running-club or you can scan the QR code below! Stay tuned for the email I will send out next week with more information on donor challenges that you can choose to compete in, so stay tuned!





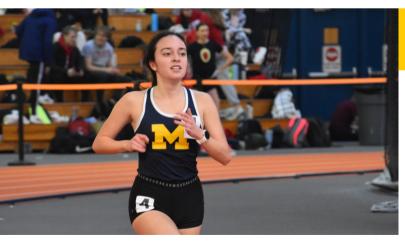
### **ILLINOIS CLUB RELAYS**

THE BEST WAY TO START OUT SPRING BREAK!

#### **SPRINTS**

Athletes of the meet: **Will Barhite** set new club records in the 60 m dash and 60 m hurdles.! **Ava Rawley** had an amazing leg in the SMR and brought enthusiasm for days!





### **DISTANCE**

Athletes of the meet: **Henry Christiansen** crushed both his mile and 3k, beating runners' times from higher heats in the 3k! **Abby Fox** beat her 3k PR and broke 12 minutes!



### **RACE ACROSS MICHIGAN**

JUST IN CASE YOU DIDN'T CATCH IT LAST MONTH

We are excited to introduce a huge event that MRun holds annually called Race Across Michigan! RAM is a fundraiser for **Special Olympics Area 20**, and MRunners work throughout the school year to collect money for this special cause, while also attending Special Olympics practices to help out and get to know the athletes.

On March 23rd, 70 MRunners will participate in a 24-hour, 190 mile relay across the state of Michigan to show their support of the Special Olympics. The race begins in Detroit, and ends on the beach of South Haven. It's a unique experience that MRunners look forward to all year. If you want to help support the Special Olympics, scan the QR code attached or go to give.classy.org/ram24! Any donation will be greatly appreciated. We are super excited for RAM this year, and stay tuned to hear more about this amazing event!

## UPDATE: WE ARE OVER HALFWAY TO OUR GOAL OF \$20,000! THANK YOU SO MUCH AND REMEMBER THAT EVERY DOLLAR COUNTS!











