



MRun News

February 2017



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2017 Wolverine Invite

February 11, Ann Arbor, MI

MRun's annual home meet, the Wolverine Invite, entered its second year with both record attendance and a day packed full of record performances. It was also the last MRun meet held at Michigan's current indoor track facility – next year, the track will close for renovations. Track teams from all over the region came out in force, including from as far away as Northwestern in Evanston, IL. This weekend was also the Winter MRun Alumni weekend, a yearly get-together for MRun Alums which includes bonding, activities, and this year, even the chance to compete at Wolverine. From all of us, thank you to everyone who attended, competed, and volunteered their time and efforts to make this meet possible! Check out more photos from the day below.



Athletes of the Meet:

Women

Julia Roarty

Erika Slawski

Sophia Mai

Event

(distance)

(sprint)

(field/throwing)

Men

Sacha Heymann

Jun Park

Bob Canfield

More from Wolverine:



Hillsdale Tune-Up

February 18, Hillsdale, MI

On Saturday, February 18, a small group of MRunners attended the Hillsdale Tune-Up indoor track meet. Thank you to everyone who ran, drove, or took part in the meet!

Athletes of the Meet:

Women	Event	Men
McKenna Turrill	(distance)	Jacob Shames
Gabrielle Lantis	(sprint)	Yashmeet Ghambir

Illinois Club Relays

February 25, Urbana-Champaign, IL

On Saturday, February 25, a dedicated crew of MRunners drove all the way to the University of Illinois in Urbana-Champaign, IL, to compete in the Illinois Club Relays. Did I mention this was the Saturday of Spring Break? With visions of palm trees in their minds, MRun athletes obliterated our club's records board with performances hotter than the Florida sun. As a team, MRun came in 4th overall at the meet. Special shoutout to Kevin Yang, the Men's SMR, and the Men's 4x800 Relay on their MRun records!

Athletes of the Meet:

Women	Event	Men
Caroline Darr	(distance)	Will Sollish
n/a	(sprint)	Daniel Kumapayi
n/a	(field/throwing)	Kevin Yang

Race Across Michigan

Charity Super Bowl Party

February 5, Ann Arbor, MI

On Sunday, February 5, MRunners of all fandoms packed together to watch Super Bowl LI. For a small donation to the Special Olympics (through the 2017 Race Across Michigan, taking place Saturday, March 18), all in attendance could enjoy food and games such as Super Bowl Squares. Thank you to the boys of Apartment B for hosting this great event! TB12 is GOAT.

RAM Basketball Volunteering

February 9, Ann Arbor, MI

On Thursday, February 9, MRun volunteers participating in the club's upcoming "Race Across Michigan" charity event donated their time and enthusiasm to the Special Olympics of Washtenaw County, helping their athletes in a basketball scrimmage. Thank you to all who attended!



MRun Gets Social

Wolverine Invite Spirit Week

February 6-10, Ann Arbor, MI

In the lead-up to this year's Wolverine Invite, the amazing social duo of Riley Doherty and Umang Lathia organized MRun's first-ever "spirit week." Every day that week, MR runners wore fun costumes to practice, adding a bit of team bonding to the usual 4:15 workouts. Check out some photos below!



Ann Arbor Running Co. Long Run February 12, Ann Arbor, MI



On Sunday, February 12, our friends at Ann Arbor Running Company were nice enough to invite us out to their store for the usual Sunday morning long run, followed by product demos and a special in-store MRun gear discount. We also want to remind all of our members that AARC does same day deliver for free to any members of MRun. Just call, order your shoes, and run in them the same day without having to trek out to the store!

While March may be light on meets, the 2017 Race Across Michigan takes place on Saturday, March 18. RAM is our biggest community fundraising event, and even makes a stop in Ann Arbor for those not participating in the race itself to see the fun go down. For more information (or to find out how to donate), please contact:

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