



MRun News

Nov/Dec 2016



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NIRCA XC Nationals

November 12, Hershey, PA

We came, we ran, we conquered. In early November, MRun traveled all the way to Hershey Pennsylvania for this year's NIRCA XC Nationals. Not even a long car ride could slow MRun down – on a hilly and chilly Hershey course, our Men's and Women's teams placed 7th and 4th, respectively. Last but certainly not least: special shoutouts to Luke Peterson, Ross Pendergast, and Anna Piccione, MRun's very own NIRCA All-Americans!



Athletes of the Meet:

Women

Anna Piccione

Sierra Bowden

Cassie Hoffman

Event

(Championship)

(FR/SO B Race)

(JR/SR/GRAD B Race)

Men

Lucas Peterson

Ryan Horwitz

Riley Horn

Hershey Park Social

November 13, Hershey, PA

Thanks to the work of social chairs Riley Doherty and Umang Lathia, our trip to NIRCA Nationals ended on a sweet note: with an MRun social at the one and only Hershey Park! MRunners visited the park, rode the rides, and even toured Hershey's "Chocolate World" exhibit, which includes (what else?) free chocolate. Thank you to everyone who attended for a fun day!

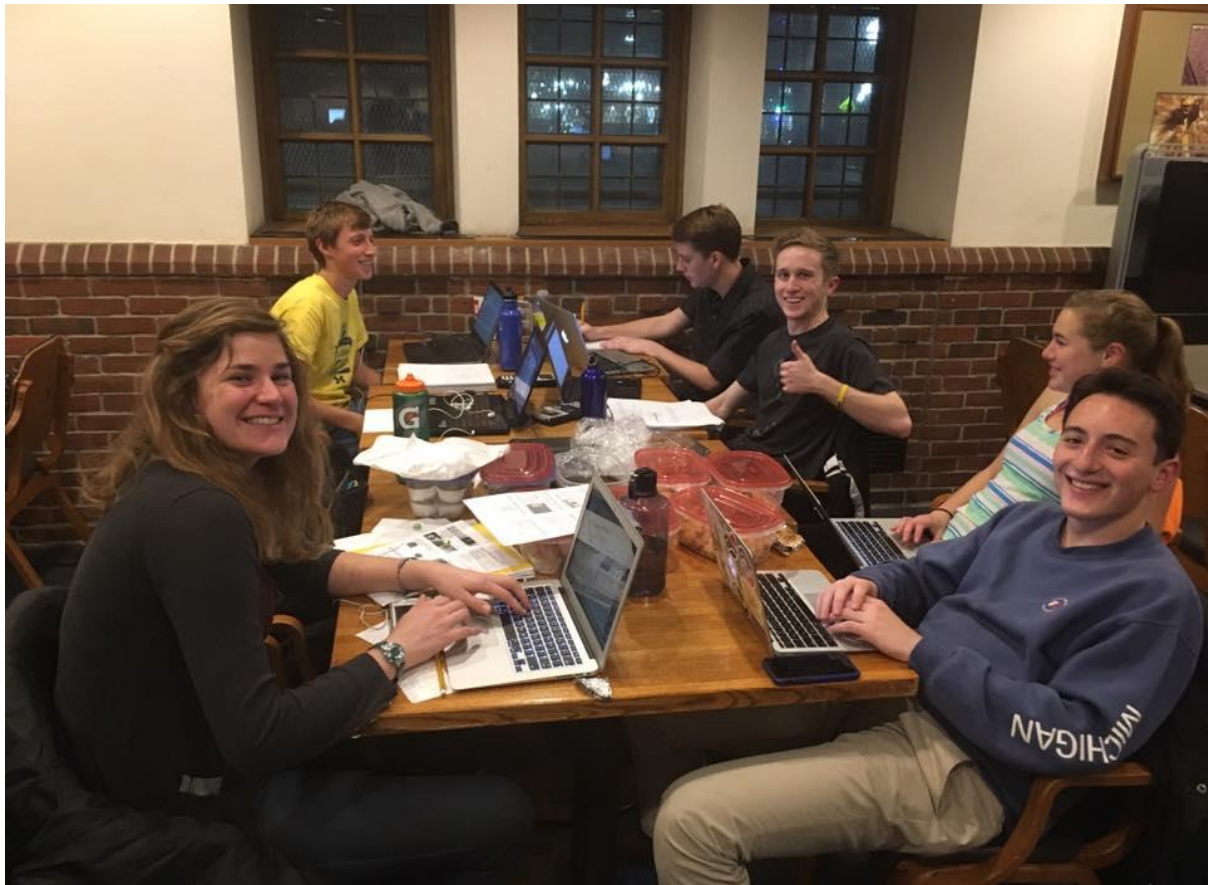
More from Nationals:



MRun Gives Back

Giving Blue Day – November 29

On Tuesday, November 29, the University of Michigan hosted its third annual “Giving Blue Day,” a day of giving that benefits student organizations like MRun by providing a platform to aid year-end fundraising. Since Giving Blue Day started in 2014, both the event – and MRun’s impact within it – have only ever grown. This year continued that legacy: hundreds of MRunners came together to give, post, and participate, resulting in a record total. A small group even held a “Campout” in the Tap Room all day to plan MRun’s Giving Blue Day social media posts. Thank you to everyone who participated! MRun’s fundraising success is owed entirely to you.



**With your help, MRun raised \$3125.00.
That’s enough to cover the club’s half of
ONE FULL TRIP to NIRCA Nationals.**

Way to go, MRun!

MRun Gives Back

NAP Workday – December 10

On Saturday, December 10, a crew of MRunners (led by Community Service Chair Nicholas Maternowski) braved the cold to volunteer their time with The City of Ann Arbor's "Nature Area Preservation" initiative. Despite the wind, the snow, and an impending finals schedule, the MRun volunteers helped NAP clear invasive species from public grounds, including the city's own Miller Park. Thank you to all who donated their Saturday!



If you'd like to learn more about NAP, please contact Nick (nichjose@umich.edu)

MRun Celebrates

Friendsgiving – November 20

On Saturday November 20, MRun came together to give thanks with a Friendsgiving dinner hosted in South Quad. Family-style entrees guaranteed enough food to go around, and for many, the dinner was a great way to see friends one last time before break. Thanks to Riley and Umang for hosting!



Holiday Party – December 17

On Saturday, December 17, the Fall 2016 semester concluded with one last social event: a Holiday Party and White Elephant gift exchange! Thank you to all who wore ugly sweaters, ate cookies, and made the night as merry as it could be. Special shoutout to the gentlemen of Apartment B for hosting, and of course, to the amazing social duo of Riley and Umang for their work!



Notable News:

Qdoba Challenge (Thursday, 12/1)

A tradition unlike any other, the Qdoba Challenge took place in early December. The rules are simple: eat a burrito, run a 4.5 mile course, claim eternal glory. This year's overall contest was won by Ross Pendergast with a blazin' time of 27:09.58. Anna Piccione won the women's race in 37:30.31.

MRun Study Day (Saturday, 12/10)

Thanks to Social Chairs Riley Doherty and Umang Lathia, MRun took over a Ross classroom to host a fun-filled Finals Study Day the Saturday before classes ended. Bagels, friendship, and academic rigor were provided.



AATC Mini Meet (Tuesday, 12/13)

Mere days before school ended, a small group of MRunners welcomed in the track season by running in the Ann Arbor Track Club's Mini Meet. A big shoutout to the Sprint Medley Relay of Ross Pendergast, Dario Potter, Devin Stevens, and Matthew LeDuc for setting the AATC SMR record!

HAPPY NEW YEAR EVERYONE!
Here's to a happy and healthy 2017.